



Performance Handicap Racing Fleet (PHRF) Instructions when the race is started from the clubhouse

1. **Introduction:** There may be times when the NDC race boat is not available and the race must be started from the clubhouse. In this situation, the following will govern the management of the race.
2. **Contact and Instructions:** The various NDC sailing instructions state that all competitors must monitor VHF Channel 69 for instructions. In the case of a start being managed from the clubhouse, this will be the only way instructions will be conveyed to the racers after an initial meeting prior to the race.
3. **The Start**
 1. Races shall be started using RRS 26, incorporated by reference.
 2. The starting line will be between the flagpole on the Dory Club patio and the "Pilot" buoy. The orange starting line flag will be displayed on the club flagpole.
 3. Each boat not in its starting sequence shall keep clear of the starting area and the first leg of the course until its own warning signal.
 4. All boats will start in the direction of the first mark unless that mark is in line with the starting line. In that situation, all boats will start leaving the "Pilot" buoy to Port.
 5. Any changes in The Start will be broadcast on VHF Channel 69 by the Race Committee.
 6. The Starting sequence: The initial notice of the start will be broadcast on VHF Channel 69 stating that there is one (1) minute to the warning signal.

Warning Signal – will be broadcast on VHF Channel 69, with a five (5) second count down to the signal "Mark." 5 minutes to start

If possible, there will be a sound signal-

Preparatory Signal – will be broadcast on VHF Channel 69, with a five (5) second count down to the signal "Mark." 4 minutes to start If possible, there will be a sound signal-

One-minute - will be broadcast on VHF Channel 69, 1 minute to start with a five (5) second count down to the signal "Mark." If possible, there will be a sound signal.

Start- will be broadcast on VHF Channel 69, with a five (5) second count down to the signal “Mark.” Start If possible, there will be a sound signal.

7. Pursuit race starts will follow paragraph 3.6 and after the initial “Start” signal, every five (5) minutes with a five (5) second count down to the signal “Mark.”
4. **Recalls:** The RC will attempt to hail OCS boats using VHF radio channel 69. The failure to hail, the order of hail, the hail of some but not all, or the untimely hail of OCS boats, all shall not be grounds for redress. (This changes RRS 62.1 (a))
5. **Change of the Next Leg of the Course:** A change of course after the start shall be signaled by the Race Committee using VHF radio channel 69 before the leading boat has begun the leg of the course that is affected. The Race Committee will broadcast the letter of the new mark and its name. The mark at which the change of course is being signaled shall be rounded as if the course had NOT been changed.
6. **The Finish:** All boats will finish from the direction of the last mark unless that mark is in line with the starting line. In that situation, all boats will finish leaving the “Pilot” buoy to Port.
7. **Restricted Areas:**
 - Bass Rock Isolated Danger Buoy:** No boat may pass between the Bass Rock Isolated Danger Buoy (AKA The Spindle) and Baileys Hill. All boats must stay to the South of that buoy.
 - Joe Beach Isolated Danger Buoy:** No boat may pass between the Joe Beach Isolated Danger Buoy and the point formerly known as the Haley Castle at the end of Swallow Cave Road. The exception being if the buoy is a turning mark.

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