



Summer Season Sailing Organized by the Nahant Dory Club

- 1. Introduction: The Nahant Dory Club (NDC) PHRF Fleet** is publishing the Sailing Instructions for a series of races. The races will be of various lengths, and handicapped using PHRF-NE handicaps, and the Time on Time System. The courses will use Government and portable marks, plus Egg Rock and George's Island for special races, all of which are located in the waters surrounding Nahant. No spinnakers or other free fling sails will be allowed. If enough boats enter, there will be two classes of boats with PHRF cruising ratings of 0 – 199 in Class A and PHRF cruising ratings of 200+ in Class B. If there are enough boats entered, there will be three classes of boats with PHRF cruising ratings of 0-175 in Class A, 176 to 220 in Class B and greater than 220 in Class C. All cruiser/racers are eligible to enter the Regatta if the class of boat has a valid PHRF NE base handicap. The dates of the three races will be posted on the NDC web site and e-mailed to all members. **This series is a best Two (2) out of Three (3) race series.**
- 2. Eligibility and Entry:**
 1. Eligible boats may be entered for each Event by notifying, via email, Bob Cusack: rjcusack@verizon.net. *This notification must be received by 1800 on the Wednesday prior to the day of the race.* Notification must include, the owner's name, name of boat and contact information such as e-mail and phone number. The owner must also indicate if the boat has a current Performance Handicap Racing Fleet New England (PHRF-NE) certificate. If requested, owners must provide the OA with a copy of their current and valid handicap certificate(s).
 2. Boat owners without a current PHRF-NE certificate should indicate in their e-mail the type of boat they will be sailing, i. e. Catalina 27, C&C 25, etc. Boats without current PHRF-NE certificates will be assigned the base handicap rating.
 3. The NDC handicapper may request additional information before assigning a handicap. All decisions on handicaps assigned to boats without a valid PHRF-NE handicap are final, and may not be appealed.
 4. Additional instructions including required liability insurance are contained in the **NDC General Sailing Instructions Revised 2016 on the Nahant Dory Club's web site, www.doryclub.org.**
- 3. Check-in Before the Start:** All boats must check in with the RC prior to the start and notify the race committee how many people on board. This may be done by hailing the RC boat on channel 69.
- 4. Code Flags or Streamers:**

Boats should fly their Class Flag, if more than one class is racing, from their backstays during the races. If you do not have a class flag, Class A boats should fly a blue streamer, Class B boats fly a red streamer and Class C boats fly a white streamer from their backstay.

5. **Racing Area:** Within Broad Sound, Boston Harbor Islands and Nahant Bay.
6. **Courses:**
 1. The starting line will be the (A) Joe Beach Buoy and the Race Committee boat unless otherwise advised by the Race Committee.
The Race Committee will set the course prior to the start.
 2. SPECIAL RACE COURSES i.e. By George, Egg Rock etc.
7. **The Start:** At 1200, the warning signal (the PHRF or Class Flag) will be displayed and a five-minute RRS 26 starting sequence will be conducted. All races will be started as follows:

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If only one class is racing	
Preparatory Signal - Code "P" Flag hoisted and sound signal	4 minutes to start
One-minute - Code "P" Flag removed and long sound signal	1 minute to start
PHRF Flag removed and sound signal	Start
Value	Value

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If more than one class is racing:	Value
Class Flag (A) hoisted and sound signal	5 minutes to start
Preparatory Signal – Code "P" Flag hoisted and sound signal	4 minutes to start
One-minute - Code "P" Flag removed and long sound signal	1 minute to start
Class Flag (A) down Class Flag (B) up and sound signal	Start & 5 minute warning
Preparatory Signal – Code "P" Flag hoisted and sound signal	4 minutes to start
One-minute - Code "P" Flag removed and long sound signal	minute to start
Class Flag (B) down Class Flag (C) up and sound signal	Start & 5 minute warning
Preparatory Signal – Code "P" Flag hoisted and sound signal	4 minutes to start
One-minute - Code "P" Flag removed and long sound signal	1 minute to start
Class Flag (B) down Class Flag (C) up and sound signal	Start & 5 minute warning
Preparatory Signal – Code "P" Flag hoisted and sound signal	4 minutes to start
One-minute - Code "P" Flag removed and long sound signal	1 minute to start
Class Flag (C) removed and sound signal	Start

- **Note: When displayed during the starting sequence, Flag (C) indicates PHRF Class C. If displayed after the starting sequence it indicates a Change in Course.**
1. **9. Time Limit:** Four hours after the start of the last Class unless extended by Race Committee. All announcements during the race will be made on VHF channel 69.
 2. **10. Scoring:** A boat's finishing place in each race will be determined by a boat's corrected time utilizing the following formula: (Time on Time) Corrected time = Elapsed time x 600/(480 + PHRF Rating) Note: The condition factor "480" may change depending on the weather and its affect on the course.
 3. **11. Fees:** There are no entry fees for these races for boats that have paid the NDC racing fee. For those that have not, there is an entry fee of \$25.00 per boat per race, payable to The

Nahant Dory Club and forward it to **Bob Cusack, 351 Nahant Road, Nahant, MA 01908. First time racers are exempt from paying a racing fee.** Refunds will be made if an entry is withdrawn at the discretion of the OA.

4. **12. Trophies / Prizes and Presentation:** Trophies / prizes will be presented for first second and third places in each class for each race and for the Summer Series. The trophy / prize may be awarded either after the race or later.

General Information: Any questions concerning the event sailing instructions or the conduct of the race should be directed to **Bob Cusack (781) 581-1159** or **rjcusack@verizon.net**.

Summer Series Sailing Instructions.doc
Race Committee Handbook
Revised June 28, 2016 rjc